

## 2009 GMBC Touring Schedule -- April through mid-July

### Ride Classifications

- **E**: Easy, up to 20 miles, average under 10 mph, not necessarily flat, but close
- **EM**: Average Riders, up to 35 miles, average under 12 mph, some hills
- **M**: Experienced Riders, average 16 mph or less, expect varied terrain with hills
- **S**: Strong Riders, no limits, any terrain possible including mountainous

### Ride Descriptions

- Click on the ride descriptions to for details and maps PDFs. You will need the [Adobe Reader](#) for this.

### Notes:

- All GMBC rides are free and open to the public. Helmets are required. All of our official rides have two leaders: one to lead and a co-leader to sweep. Please contact the leaders for specific info. on the ride. We encourage riders to try to carpool to starting points which are far from their homes.
- **GMBC touring map & cue sheet library**

Date	Ride	Dist. Opts & Classifications	Description	Meeting Time	Meeting Place	Leader	Co-leader(s)
April 5 & 12	Informal, leaderless rides		Route and distance to be determined by those who show up.	10:00am	Dorset Park, So. Burlington		
April 19 & 26	Informal, leaderless rides		Route and distance to be determined by those who show up.	10:00am	Williston Central School, Williston		
Sun May 3	<b>Covered Bridges of Chittenden County</b>	23mi (E) 30mi (E/M) 36mi (M)	Options for riding the gentle rolling hills through Shelburne and Charlotte with the longer ride going through Ferrisburgh. All rides stop at the Old Brick Store in Charlotte for a tasty treat. Visit up to four covered bridges in Chittenden County. Co-sponsored by the Vermont Bicycle and Pedestrian Coalition.	9:45am	Dorset Park, So. Burlington	<b>David Jacobowitz</b> 578-8803	<b>Dave Crane</b> 343-9999
Sun May 10	<b>Kingsland Bay</b>	35mi (EM) 46mi (M)	A nice spring ramble. The 35 mile (EM) ride rolls from Shelburne through Charlotte to Kingsland Bay Park and returns. The 46 mile (M) ride heads towards Vergennes and climbs to Monkton Ridge, returning through Hinesburg.	9:45am	Shelburne Post Office	<b>Amy Otten</b> 878-4070	Ralph Kilmoyer 878-4070
<b>Sat</b> May 16	Charlotte Back Roads	30mi	30 miles for fat tires	9:45am	Mt. Philo State Park	<b>Donna Leban</b> 865-2839	<b>Leslie Carew</b> 865-2805
Sun May 17	<b>St. Albans Explorer</b>	35mi (E/M) 50mi (M/S)	Light, rolling hills with beautiful views by the lake. The 35 mile (E/M) route goes to St. Albans Bay Park and returns, while the 50 mile (M/S) route continues on to Swanton and back. There	9:45am	Georgia Park and Ride	<b>Kerry Crosby</b> 578-3249	<b>Donna Leban</b> 865-2839

			is a short dirt section.							
<b>Sat</b> May 23	<b>Addison Ambler</b>	45mi (M) 60mi (S)	This route travels south from Vergennes to Weybridge via Route 125 and then west to Bridport and West Addison and back to Vergennes on quiet roads. The short ride is 45 (M) and the long is 60 (S) with roughly two miles of dirt. A portion of this ride is in the new, revised GMB Century ride which will take place in September.	9:45am	Vergennes Union High School at 50 Monkton Road	<b>John Bertelsen</b> 864-0101	<b>Karla Ferrelli</b> 864-0101			
Sun May 31	<b>Covered Bridges of Franklin and Lamoille County</b>	41mi (E/M)	This 41 mile loop (E/M) goes through Eden and Johnson, passing through one covered bridge and viewing a number of others.	9:45am	Jeffersonville Fish and Wildlife Access (3/10 mile north of Route 15 & Route 108 intersection, across the bridge).	<b>Tom Kennedy</b> 399-2352	<b>Viola Chu</b> 399-2352			
Sun Jun 7	Grand Isles Flats and Picnic	26mi (E/M) 50mi (M)	A 26 mile (E/M) ride circles Grand Isle via the west and east shores and includes some dirt. The 50 mile (M) option goes to the Shrine at Isle LaMotte before returning. Afterwards, meet at Helen's camp for a picnic on the shore of the Almost Great Lake. Hot dogs will be provided, but please bring your own beverage and something to share with the group.	8:45am	Folsom School, South Street in South Hero - Those coming from the Burlington area may consider carpooling from the Colchester Park and Ride, Exit 17 off I-89, UVM or Dorset Park in South Burlington.	<b>Helen Douglas</b> 862-7722	<b>Matt Kuivinen</b> 413-427-2177			
Sun Jun 14	<b>Almost to Canada</b>	30mi (M) 60mi (S)	Nice riding in northwestern Vermont near Lake Carmi. Mileage options are 30 (M) and 60 (S). Both rides go through Morse's Line and then Franklin where some can stop for a food break. The shorter ride returns on route 120 and 105 through Sheldon. The long ride goes up to Richford (with another potential food stop) and returns on 105 through Enosburg Falls.	9:45am	Missisquoi Valley Union High School - For those coming from the Burlington area, we suggest carpooling at the Richmond or Colchester Park and Rides.	<b>Lou Bresee</b> 658-0597	<b>Leslie Carew</b> 865-2805			
<b>Sat</b> Jun 20	<b>** NEW **</b> Fossil Frenzy	25mi (E/M)	Ride back in time to see the fossils and ancient history of one of the oldest fossil reefs in the world at the Fisk Quarry in Isle LaMotte. We will be riding 25 miles (E/M) with a stop also at St. Anne's Shrine.	9:45am	Grand Isle Courthouse, just past Hero's Welcome on Route 2 - For those coming from the Burlington area, we suggest carpooling at the Colchester Park and Ride.	<b>Bob Ray</b> 644-6368	<b>Leslie Carew</b> 865-2805			
Sun Jun 21	<b>Hinesburg Hollow</b>	25mi (M) 47mi (M/S)	This route travels south through Huntington to Hinesburg Hollow. The short route is 25 miles (M) and returns to Richmond via North Road while the long one is 47 miles (M/S) and continues through North Ferrisburgh to the Lake and back through Hinesburg.	8:45am	Williston Middle School	<b>Viola Chu</b> 399-2352	<b>Tom Kennedy</b> 399-2352			
Sun Jun 28	<b>Cabot Sampler</b>	36mi (M) 45mi (M/S) 50mi (S)	All routes travel from Cabot through Greensboro and Craftsbury. All rides stop at the famous Willy's Store in Greensboro and offer a view of Caspian Lake. The two longer	8:45am	Cabot Creamery - take I-89 to Exit 9, Route 2 East to	<b>Amy Otten</b> 878-4070	Ralph Kilmoyer 878-4070			

		rides go along the shore of Lake Eligo. This fairly hilly ride is high on scenery and low on traffic.			Marshfield and Left on Route 215 to Cabot. For those coming from the Burlington area, we suggest carpooling at the Richmond Park and Ride at Exit 11 off I-89.			
<b>Sat</b> Jul 4	Salisbury Ice Cream Social	27mi (E/M)	This is a 27 mile E/M ride with a few short hills. Stop at Salisbury Congregational Church for the 35th annual Salisbury Ice Cream Social.	11:45am	Dirt lot on Three Mile Bridge Road (the turn is just past the intersection of Route 7 and Route 116--the parking area is on the left about 100 yards after the turn).	<b>John Bertelsen</b> 864-0101 <b>Karla Ferrelli</b> 864-0101		
Sun July 5	<b>** NEW **</b> Groton Grinder	50mi (M/S) 80mi (S)	This hilly ride will test your climbing abilities, but you will be rewarded with Vermont beauty, wonderful roads, and great descents. All rides climb through the Barre granite quarries, then up Rte 302 and through Groton State Park, with the short ride (50 miles - M/S) returning via Rte 2, and the longer ride (80 miles- S) looping up through scenic Peacham. There is very little level ground on this ride, but you'll be left thinking about when you can come back to ride these great roads again.	8:45am	Spaulding High School	<b>Steve Barner</b> 434-4497 <b>Bob Ray</b> 644-6368		
Sun Jul 12	<b>Rouse's Point Rouser</b>	50mi (E/M)60mi (M)	One of our flattest rides. The 60 mile (M) loop heads up from Grand Isle over the Rouse's Point Bridge and down through scenic, low-traffic lakeside roads in New York. The short ride (50 miles - E/M) circles Isle LaMotte and returns on the Vermont side. Riders on the long ride can gather at the deck of the Alburgh General Store for fresh baked goods and at the Mooney Bay Marina in New York for a fresh breeze.	8:45am	State Fisheries parking lot slightly north and across the road from the Grand Isle Ferry Lot. Those coming from the Burlington area may consider carpooling from the Colchester Park and Ride at Exit 17 off I-89, UVM or Dorset Park, South Burlington.	<b>Phyl Newbeck</b> 899-2908 <b>Dave Crane</b> 343-9999		
Sat Jul 18	<b>** NEW **</b> Upper Valley Weekend Day 1 - Horse Country Ride	43mi (M) 55mi (M/S)	Both rides will start in South Royalton and travel up through the scenic valley to Tunbridge and then go up over the hill to Strafford. The long ride (55 miles - M/S) will continue on to Thetford Center, Vershire and Chelsea before returning to South Royalton. The shorter ride (43 miles - M) will continue on to Sharon, West Hartford, and North Pomfret before returning to South Royalton. Both rides have moderate hill climbs.	9:30am	North side of the South Royalton Green. For those coming from the Burlington area, we suggest carpooling at the Richmond Park and Ride at	<b>Pat and Tom Stabler</b> 781-929-908 <b>Bryan Harrington</b> 899-2908		

<p>Sun Jul 19</p>	<p><b>NEW **</b> Upper Valley Weekend – Day 2 – Windsor County Wanderin</p>	<p>42mi (M) 64mi (M/S)</p>	<p>Two rides through some of the most picturesque areas of Windsor County. Both rides will start in South Royalton and proceed easily to Sharon, where a real warm-up climb to Pomfret awaits. Both rides will continue through Pomfret, reach the outskirts of Woodstock, and then proceed to Barnard where we will stop for lunch at Silver Lake. From Barnard, the long ride (64 miles – M/S) will continue to Bethel (via the North Road), East Randolph and Chelsea before returning to South Royalton. The short ride (42 miles - M) will continue from Barnard to Bethel via the scenic North Road and return to South Royalton.</p>	<p>9:30a</p>	<p>North side of the South Royalton Green - For those coming from the Burlington area, we suggest carpooling at the Richmond Park and Ride at Exit 11 off I-89.</p>	<p>Exit 11 off I-89. After the ride, cyclists can camp out in South Royalton, stay at an area hotel, or return home. <i>There is a \$20 fee for camping, part of which might be refunded.</i></p>	<p><b>Bryan Harrington</b> 899-2908</p> <p><b>Pat and Tom Stabler</b> 781-929-908</p>
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