

Cue Sheet: East of Eden Ride

Note: Mileage information for reference only.

Mile	Increment	Instruction	Compass
0.0	0.0	Start At Eden Elementary School parking lot. 1/2 mile south of Rtes 100 & 118 intersection.	NNW
0.2	0.2	Left on Rte 100.	E
1.2	1.0	Left on Rte 118	NNW
7.8	6.6	Right at intersection with Rte 109, staying on Rte 118.	NNE
15.8	8.1	Rides split. Long ride continues on Rte 118. 50-mile ride turns right onto Rte 242.	NW
50-Mile Ride			
27.4	11.5	Turn right onto N. Hill Rd (Cross Rd). Rides converge.	SSW
31.5	4.2	Turn right onto Rte 100.	SSW
38.0	--	<i>Optional: turn right onto VT 58, then left onto Mines Rd. Passes closed asbestos mine.</i>	NW
48.1	16.7	Right on Knowles Flat Rd, to school parking lot.	NNW
48.3	0.2	End	SSE
62-Mile Ride			
18.2	2.4	Bear right onto Fuller Bridge Rd and cross covered bridge. Becomes S. Richford Rd.	NNW
25.3	7.1	Right onto Rte 105	E
38.9	13.6	Turn right onto Cross Rd.	S
43.5	1.6	Straight across Rte 242. Cross Rd becomes N. Hill Rd. Good stores and restaurants here for a break.	SSW
44.7	4.2	Turn right onto Rte 100 south.	SSW
51.1	--	<i>Optional: turn right onto VT 58, then left onto Mines Rd. Passes closed asbestos mine.</i>	NW
61.3	16.6	Right on Knowles Flat Rd, to school parking lot.	NNW
61.5	0.2	End	SSE

Route Details: <http://ridewithgps.com/routes/730408> (50-mile ride)
<http://ridewithgps.com/routes/730953> (62-mile ride)

Ride Rules

- Everyone must wear a helmet and straps should be adjusted correctly.
- Follow all traffic laws, including obeying signals.
- If the ride will wait for people at intersections, discuss this at the start.
- Use your own judgment at each stop sign. Don't yell out "Clear" for the next rider.
- Use hand signals for turns and to point out road hazards (If there are new people, review the rules.)
- Wear visible clothing. In fog and rain, you might also want lights.
- If there is a thunderstorm, get away from your bicycle and seek shelter in a building or a stand of trees (not a lone tree).
- Get license plate or description of harassing drivers, and report it to the police, the ride leader and the Vt Bike/Ped Coalition.
- Single up when cars are passing, out of courtesy.
- Wave your thanks to drivers who are polite and wait for you or even drivers who are a little rude.
- Finally, a quick safety check for your bike: ABC Quick Check
 - A=Air in tires
 - B= Brakes working
 - C=Chain lubed and crank in good shape
 - Quick=Quick releases tight
 - Check=Make sure everything else seems OK
- **Have Fun!**

GMBC East of Eden Ride Map



Green Mountain
Bicycle Club
<http://thegmbc.com>