

Cue Sheet: GMBC Rouses Point Rouser Ride

Note: Mileage information for reference only.

Mile 55 & 65	Incre- ment 55 & 65	Distance From End		Instruction	Compass
		55	65		
0.0	0.0	50.6	65.6	Start at McKee's Island Pub and Pizza, at the intersection of US 2 and VT 314, heading NW on VT 314.	WNW
3.2	1.0	49.7	62.4	Continue straight onto W. Shore Rd.	N
5.4	2.2	47.5	60.2	Bear right onto Moccasin Ave.	ENE
7.9	2.5	45.0	57.7	Turn left onto Rte 2 north	N
16.7	8.8	36.2	48.9	Bear right onto Lakeview Drive	NNE
18.9	2.2	34.0	46.7	Turn left on Bridge Rd / Lakeview Dr.	WNW
20.7	1.8	32.3	44.9	Turn right onto Rte 2, crossing the bay	NW
21.1	0.4	31.8	44.5	Turn left onto Rte 129, after crossing bridge	W
55	55	55	--	55-Mile Ride	
23.9	2.7	31.4		Turn left, continuing on Rte 129. Rides split here.	SW
24.9	1.0	30.3		Turn right onto Shrine Rd.	WNW
28.6	3.7	26.6		Turn left onto New Rd.	ESE
29.5	0.9	25.7		Turn left onto Rte 129	N
36.1	6.6	19.1		Turn right onto Rte 2	SE
47.3	11.2	7.9		Turn right onto Moccasin Ave.	WSW
49.8	2.5	5.5		Bear left onto W. Shore Rd.	SSW
52.0	2.2	3.2		Merge onto Rte 314	S
55.3	3.2	0.0		End.	--
65	65	--	65	65-Mile Ride	
23.9	2.7		41.8	Continue on West Shore Rd (do NOT follow Rte 129 and cross bridge to Isle La Motte)	N
28.3	4.4		37.3	Left onto Rt 2 north	NNE
29.0	0.8		36.6	Break at Alburgh General Store	SSW
33.5	4.5		32.1	First left after bridge onto Montgomery St	S
34.0	0.6		31.6	Left onto Lake St, Rt 11/9B	SSE
39.2	5.2		26.4	Left onto Lake Shore Rd, County Rt 22	W
52.2	13.0		13.4	Right onto Pointau Roche Rd, Rt 22	NNW
53.9	1.7		11.7	Right onto Rt 9 (briefly)	W
54.3	0.4		11.3	Left unto Spellman Rd, Cty Rt 456	S
55.3	1.0		10.3	Left onto Moffitt Rd. Follow bikepath signs to ferry.	SE
59.2	3.9		6.4	Cross Rt 9, staying on Rt 314	SE
60.2	1.0		5.5	Bear right onto Cumberland Head Rd	SE
63.3	3.1		2.3	Return to Vermont via ferry. Turn right onto VT 314	S
65.6	2.2		0.0	End	--

Route Details: <http://tinyurl.com/gmbrpr50> (55-mile ride)

<http://tinyurl.com/gmbrpr60> (65-mile ride)

Ride Rules

- Everyone must wear a helmet and straps should be adjusted correctly.
- Follow all traffic laws, including obeying signals.
- If the ride will wait for people at intersections, discuss this at the start.
- Use your own judgment at each stop sign. Don't yell out "Clear" for the next rider.
- Use hand signals for turns and to point out road hazards (If there are new people, review the rules.)
- Wear visible clothing. In fog and rain, you might also want lights.
- If there is a thunderstorm, get away from your bicycle and seek shelter in a building or a stand of trees (not a lone tree).
- Get license plate or description of harassing drivers, and report it to the police, the ride leader and the Vt Bike/Ped Coalition.
- Single up when cars are passing, out of courtesy.
- Wave your thanks to drivers who are polite and wait for you or even drivers who are a little rude.
- Finally, a quick safety check for your bike: ABC Quick Check
 - A=Air in tires
 - B= Brakes working
 - C=Chain lubed and crank in good shape
 - Quick=Quick releases tight
 - Check=Make sure everything else seems OK
- **Have Fun**

GMBC Rouses Point Rouser Ride Map

